



Be kind, work hard

Clarendon Primary School Sun Safe Policy: modified using the “Sun protection in schools and early childhood education services” policy

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

The school uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1, 3 and 4** including:

Clothing

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts.

Sunscreen

The school supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and student use. Students may provide their own SPF 30 or higher broad spectrum, water resistant sunscreen *if preferred*. Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors. Strategies are in place to remind students to apply sunscreen before going outdoors (eg. teacher reminder, sunscreen monitors). Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

Hats

All students and staff are required to wear hats that protect their face, neck and ears eg. legionnaire, broad-brimmed or bucket hats whenever they are outside. Baseball or peak caps are not acceptable (*named bucket hats can be ordered at the office*).

Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days and other outdoor events to be held during term two or earlier in the day where practical. Students are encouraged to use available areas of shade when outside. Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun (*verandah areas*).

Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels. Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, parent meetings, staff meetings, school assemblies, student and teacher activities and in student enrolment packs.

When enrolling children at school parents will be:

- Informed of this policy
- Requested to purchase a school hat or provide an appropriate hat for their child's use
- Encouraged to provide SPF 30+ broad spectrum water resistant sunscreen for their child's use at school
- Urged to practice skin protection behaviour themselves, especially when participating in school activities or events.

In summary:

The school community will be encouraged to act as role models by adopting sun safe behaviour.

This means all staff and students will:

- Wear protective hats and appropriate clothing for all outdoor activities during Terms 1, 3, and 4
- Use a 30+ broad spectrum, water resistant sunscreen for skin protection
- Seek shade wherever possible.

Acknowledgement: is given to: *“Sun Safe Advice for Primary Schools”* by Cancer Council South Australia and the Department for Education Sun & Heat Protection Policy for Schools.